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<table>
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<td>Wednesday, March 23rd</td>
<td>Parents and Friends meeting</td>
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<td>Thursday, March 24th</td>
<td>Evening Mass ~ 7.30pm</td>
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<td>Friday, March 25th</td>
<td>Good Friday</td>
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<td>Sunday, March 27th</td>
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<td>Monday, March 28th</td>
<td>Easter Monday</td>
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<td>Wednesday, March 30th</td>
<td>School Board AGM at 7.00 pm</td>
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<td>Thursday, March 31st</td>
<td>REC Assembly</td>
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<td>Interschool Sports Day—Minlaton</td>
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<td>Friday, April 1st</td>
<td>Twilight Markets from 4.30pm to Dusk</td>
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<td>Tuesday, April 5th</td>
<td>Tasty Tuesday</td>
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<tr>
<td>Wednesday, April 13th</td>
<td>School Board Meeting starting at 7pm</td>
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<td>Thursday, April 14th</td>
<td>Mass 9.15AM in St Columba Church</td>
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<td>Friday, April 15th</td>
<td>End of Term 1—Early dismissal 2 pm</td>
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Year 7 Leaders

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St Columba's is a Nut Free School
Dear Parents

This is Holy Week. It is the most important time in the Church year. We will be gathering as a whole school to help the students reflect on the important events in the life of Jesus at this time. We will focus on Palm Sunday, Holy Thursday and Good Friday this week. Next Tuesday we will focus on Easter Sunday. I encourage you as a family to join in the religious celebrations at church this weekend if you are able to. At St Columba's Catholic Church we will have the Mass of the Last Supper at 7.30pm on Thursday night. The Good Friday celebration of the Lord’s Passion will be at 3.00pm at St Malachy’s Church, Minlaton. On Holy Saturday we celebrate the Easter Vigil Service in Yorketown at 7.00pm.

Thank you to all who attended and especially those who helped with our school Sports Day on 10 March. We thought that the day went well and would appreciate any comments you have so that next year’s can be even better. I am including a simple questionnaire in the newsletter from now on so that you can provide your thoughts to us on a regular basis about any aspect of our school. This will help with our goal of continuous improvement. Please complete this form at any time and send it to me at school. I would appreciate any comments about Sports Day this time.

We are selecting students to compete in the interschool Sports Day at Minlaton on Thursday 31 March. I am sure that our students will represent the school well on that day.

Thank you to the twelve people who came to the working bee on the Monday holiday. There was great dedication and hard work and a lot was achieved. We are re-modelling the garden area, taking out the tyres and we will build some larger garden beds for the students to work in. We have formed a student group called Young Environmental Leaders and they will work with students from other schools and Natural Resources Management. Tomorrow we are hosting the other schools here and they will see what we are doing in our sustainability education.

The School Board AGM was postponed and now will be held on Wednesday 30 March at 7.00pm. in the school Staffroom. You are all welcome to attend. You will hear the reports about last year, this year’s budget will be presented and I would like to gather your thoughts on school improvement. We have received eight nominations for the Board. This is a fantastic response.

Next week we are having Parent/Teacher Interviews. A sheet has been sent home for you to complete your preferences for the interview time. I would expect that every parent would use this opportunity to speak with their child’s teacher about how they are progressing with their learning this year. Research shows that students are more successful when parents and teachers work together. It is hoped that these interviews will provide an opportunity for parents and teachers to plan for this working together to occur. Please return the sheet by Thursday and we will advise you of your interview time.

In this newsletter there is information about a survey being promoted by the Catholic School Parent Federation. Catholic Education South Australia are gathering important information about why people choose Catholic Education for their children. I would appreciate it if you could find the time to complete the questionnaire.

God Bless You

Michael Preece
Please note that the timetable for the school day has changed to the following:

8.50am to 11.00am — Lessons with a supervised Crunch and Sip time
11.00am to 11.20am — Recess
11.20am to 12.50pm — Lessons
12.50pm to 1 pm — Eating time
1 pm to 1.40pm — Lunch time
1.40pm to 3 pm — Lessons
3 pm — Dismissal time

Southern Eagles Netball Club

The Southern Eagles Netball Club are still looking for more junior players. If you are interested, trainings are on Thursdays at 4pm at Yorketown, games starting Saturday the 9th of April.

For more information please contact Maddie Germain

REMINDER:

We ask all parents not to supply any nuts or products which are made or contain nuts i.e. Nutella, muesli bars, etc... as St Columba’s Memorial School is a Nut Free school, due to children with allergies.
PROGRAMME FOR HOLY WEEK – 2016

THE CATHOLIC PARISH OF THE YORKE PENINSULA

You are invited to share in the Celebration of the Passion, Death & Resurrection of our Lord, Jesus Christ.

Saturday, 19th March – Vigil Mass of Passion Sunday
at 6.00 p.m. in St. Columba’s Church, Yorke town.

Sunday, 20th March – Passion (Palm) Sunday
Mass at 9.00 a.m. in St. Malachy’s Church, Minlaton.

Sunday, 20th March – Passion (Palm) Sunday
Mass at 11.00 a.m in St. Christopher’s Church, Ardrossan,

Monday, 21st March – Chrism Mass
at 6.00 p.m. in St. Francis Xavier Cathedral, Adelaide.

Thursday, 24th March – Mass of the Lord’s Supper
at 5.30 p.m. in St. Bartholomew’s Church, Maitland,
followed by adoration at the Altar of Repose until 8.00 p.m.

Thursday, 24th March – Mass of the Lord’s Supper
at 7.30 p.m. in St. Columba’s Church, Yorketown,
followed by adoration at the Altar of Repose until 10.00 p.m.

Friday, 25th March – Good Friday
The Way of the Cross will be conducted in every one of our seven churches at a time that is most convenient to the members of that community.

Friday, 25th March – Celebration of the Lord’s Passion
at 3.00 p.m. in St. Malachy’s Church, Minlaton.

Friday, 25th March – Celebration of the Lord’s Passion
at 5.00 p.m. in St. Christopher’s Church, Ardrossan.

Saturday, 26th March – Holy Saturday
Easter Vigil Service & Mass
at 7.00 p.m. in St. Columba’s Church, Yorke town.

Easter Sunday, 27th March
Mass at 9.00 a.m. in St. Malachy’s Church, Minlaton.

Easter Sunday, 27th March
Mass at 11.00 a.m. in St. Christopher’s Church, Ardrossan.

Any inquiries about Easter Ceremonies and reconciliation please call (0430122001)
A message for parents and carers from

Catholic Education SA has invited parents and carers with a child/ren in a Catholic school to take part in a confidential online survey to have your say on:

What makes a good school?
Why you chose this school?
Whether you would recommend a Catholic Education to other parents?

The Federation of Catholic School Parent Communities advocates for the parent voice to be heard in Catholic Education and strongly supports this initiative so we encourage all parents to take part in the survey.

The survey is being conducted by independent research firm Square Holes and is open until the end of term 1 (Friday April 15).

It will take 10 - 15 minutes.

To take part go to www.squareholes.com/parentsurvey

Be informed. Be connected. Be heard.
In Upper Primary health with Mrs Hughes we looked at the sugar content of a range of drinks. The results were very surprising, with ‘Fruit Splash Water’ containing the most sugar! As a comparison, the Australian Government National Health and Medical Research Council recommends children consume no more than 20gm of ‘discretionary choice foods’ (fats, oils and sugars) in their daily diet. As you can see from the graph – any of the drinks other than water surpass the recommended daily limit!

<table>
<thead>
<tr>
<th>Drink</th>
<th>Grams of Sugar</th>
<th>Approx cubes of sugar (4.5g)</th>
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<tbody>
<tr>
<td>Water</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Small orange juice</td>
<td>22gms</td>
<td>5 cubes</td>
</tr>
<tr>
<td>Red bull</td>
<td>27gms</td>
<td>6 cubes</td>
</tr>
<tr>
<td>Powerade</td>
<td>35gms</td>
<td>8 cubes</td>
</tr>
<tr>
<td>Iced Coffee</td>
<td>36gms</td>
<td>8 cubes</td>
</tr>
<tr>
<td>Chocolate milk</td>
<td>39.5gms</td>
<td>9 cubes</td>
</tr>
<tr>
<td>Coca Cola</td>
<td>40gms</td>
<td>9 cubes</td>
</tr>
<tr>
<td>Fruit Splash Water</td>
<td>55gms</td>
<td>12 cubes</td>
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Chaplain News:

Thank you to all the families who have donated ice blocks to sell this term. They have been a very successful fundraiser. We will inform everyone how much has been realised at the end of the term.

The Mini Vinnies Group are in the process of organising a Casual Day for the last day of the school this term, with a gold coin donation going to Project Compassion.

In the last few weeks of school we will also be making Poppies for a display in the school commemorating Anzac Day.
TASTY TUESDAY

Tuesday 5th of April, 2016

MENU:
Hotdog
Banana Muffin or Choc Muffin (Nut free/Dairy free option will be available)
Fruit Smoothie or Fruitbox cost: $5.00 per child

Alternatively
Banana Muffin or Choc Muffin (Nut free/Dairy free option will be available)
Fruit Smoothie or Fruitbox cost: $2.50 per child

Please send form filled in with money ASAP.
Student Name: ______________________________________________ Amount: _________________
Option: ________________________________________________________________________________
Student Name: ______________________________________________ Amount: _________________
Option: ________________________________________________________________________________
Student Name: ______________________________________________ Amount: _________________
Option: ________________________________________________________________________________

FYI - Smoothie Recipe
Banana Smoothie: Banana, Milk & honey
Fruit: Banana, Strawberry, watermelon, orange, pear/apple mint with Coconut Water (no dairy)

Please return with money in a sealed envelope, with the correct money by Monday 4th of April, 2016
THANK YOU
Please tell us if you have any positive comments about anything we do here.

Please tell us if you have any suggestions for improvement.

Name:______________________________________

Please return to the front office :
PARENT /TEACHER INTERVIEWS :

On Wednesday, 30th of March and Thursday, 31st of March we will be holding Parent/Teacher interviews. We will be holding the interviews over the 2 days to guarantee all parents have the opportunity to meet with their child’s/children’s teacher/s.

Please fill in the attached sheet and return to the school as soon as possible, to secure your suitable time and a second preference time. Please note that Emily Rowe IS NOT available on Wednesday for interviews ONLY Thursday.

If you think you will need longer than the 10 minutes allotted, please ring the school or contact the teacher to make an appointment for another more suitable day and time.

On the day of the interviews we ask that you are prompt, write down any questions you have to help the meeting flow smoothly, and be aware that the Teachers will be meeting with other parents.

Kindest regards
Gay

Parent/Teacher Interviews— March 30th and 31st Parent/Teacher Interviews

I…………………………………………………………………. would like to see my child’s/ children’s teacher/s.

Child’s Name ……………………………………………… ………………………………
Child’s name………………………………………………………………………………
Child’s name………………………………………………………………………………

(Please circle who you would like to see)

: Mrs Julie Anderson / Mrs Miriam Honner
: Mrs Liliana Castiglia
: Mrs Angela Grigoras Oates / Mrs Emily Rowe (Mrs Rowe only available on Thursday)
: Mr Andrew Maidment
: Mrs Mandy Thompson

Preferred Day: Wednesday or Thursday

First preference time— Please circle time you would like 3.20pm 3.30 pm 3.40pm 3.50pm 4.00pm 4.10pm 4.20pm 4.30pm
4.40 pm 4.50pm 5.00pm 5.10pm 5.20pm 5.30pm 5.40pm 5.50 pm 6.00 pm 6.10pm 6.20pm

Second preference time – Please circle time you would like 3.20pm 3.30 pm 3.40pm 3.50pm 4.00pm 4.10pm 4.20pm 4.30pm
4.40 pm 4.50pm 5.00pm 5.10pm 5.20pm 5.30pm 5.40pm 5.50 pm 6.00 pm 6.10pm 6.20pm

Signed………………………………………………………………………………………..